



Self-Care Resources for Faculty and Staff

Campus Resources

Employee Assistance Program (Full-Time Employees and Their Household Members)

Provides free, confidential, and voluntary assistance to full-time employees and their household members.

Hours: Available 24 hours a day, 7 days a week

Phone: 866.327.2400

Email: eap@deeroaks.com

Website: <https://www.deeroakseap.com/>

User ID and Password: collin (all lowercase, case-sensitive)

Human Resources Department (HR)

Provides advocacy and support, and connects employees with appropriate benefits and resources.

Office Location: Collin Higher Education Center (CHEC), Suite 339

Office Hours: Mon. through Fri. 8:00 a.m. - 5:00 p.m.

Phone: 972.758.3856

Email: hr@collin.edu

Website: www.collin.edu/hr/

TimelyCare (Part-Time Staff and Adjunct Faculty)

Provides telehealth services free of charge to currently enrolled Collin College students, part-time staff, and adjunct faculty. Telehealth sessions are confidential and conducted by licensed physicians, nurse practitioners, physician assistants, and mental health providers.

Hours: 24 hours a day, 7 days a week

Phone: 1.833.484.6359

Email: help@timely.md

Website: www.timelycare.com/collincollege

Community and Off-Campus Resources

Collin County Cares

Collin County Cares is a searchable directory of service providers. This comprehensive directory is a collaboration of Texas Health Presbyterian Hospital Plano and the Assistance Center of Collin County, and includes information on medical services, mental health services, victim's services, and other service providers throughout Collin County, Texas.

Email: info@collincares.org

Website: https://collincares.org/agency1_list.php

LifePath Systems

LifePath Systems is a community-based, non-profit organization created specifically to help uninsured individuals and their families dealing with mental illnesses, intellectual disabilities, and developmental delays. Provides mental health services for uninsured people in Collin County, Texas, and surrounding areas.

Crisis Hotline: 1.877.422.5939

Phone: 972.562.0190

Website: <https://www.lifepathsystems.org/>