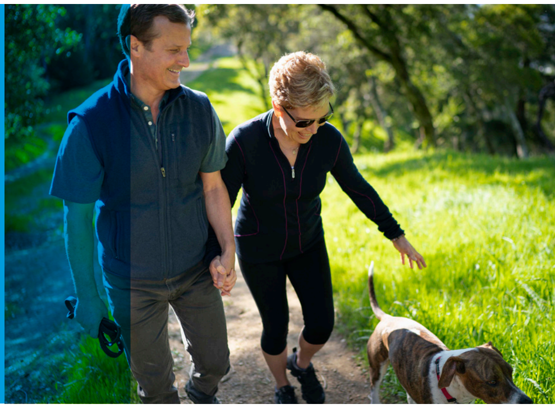
MetLife Resources

Providing flexible retirement solutions, backed by industry expertise and customized personal support.

The road to retirement starts here.

Congratulations on enrolling in your employer's retirement plan.



Flexible Account Access

Telephone: 1-833-642-1008

Amelia, the Digital Assistant will guide you through your call. You will need to say the reason for your call. Then you will be prompted to state your Contract Number and your relationship to the account (i.e. policyholder, agent, trustee, etc,)

Amelia will provide the following:

- Account values
- Beneficiary information
- Mail forms
- Return information (email, fax numbers and mailing addresses)
- Speak with a customer service representative

Customer service representatives are available Monday through Friday from 9:00 a.m. to 7:00 p.m. (Eastern Time) to assist you with questions about general account information, funding options, obtaining enrollment and transactional forms, beneficiary changes and status of requests.

Website: online.metlife.com[1]

1. Go to **online.metlife.com** and register[2]
2. Begin using **online.metlife.com** with your username and password immediately

View your account

- Account balance
- Current allocations
- Transaction status
- Automated investment strategies
- Transaction history
- View product and fund prospectuses
- View fund performance
- View beneficiary information

Change your account

- Redirect future contributions
- Transfer money
- Rebalance money
- Change address

Additional options

- View fund values
- Download forms
- Change username and password
- Register for online document notifications

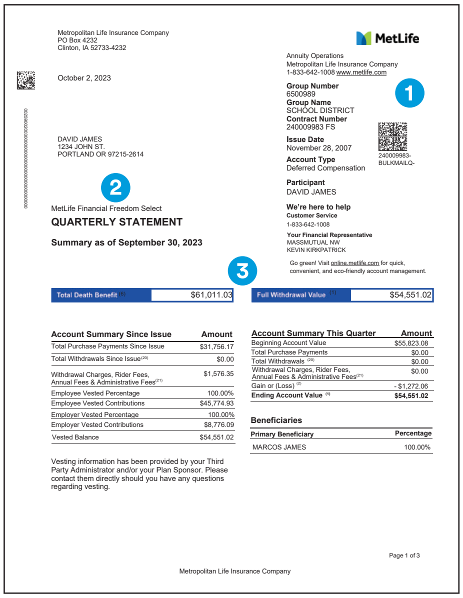
1. If you obtained your policy/benefit directly through an advisor/broker or an executive benefit plan you may register online.
2. For help with registration, call 1-800-585-6507 Monday to Friday, 8:00 a.m. to 11:00 p.m. EST.

MetLife

Navigating life together®

Your quarterly statement

Your quarterly statement provides you with valuable information about your retirement plan account. Here is a highlighted guide to help you read and understand each section of your quarterly statement.



Metropolitan Life Insurance Company
PO Box 4232
Clinton, IA 52733-4232

October 2, 2023

DAVID JAMES
1234 JOHN ST.
PORTLAND OR 97215-2614

MetLife

Annuity Operations
Metropolitan Life Insurance Company
1-833-642-1008 www.metlife.com

Group Number
6500989
Group Name
SCHOOL DISTRICT
Contract Number
240009983 FS
Issue Date
November 28, 2007
Account Type
Deferred Compensation

240009983-
BULKMAILQ-

Participant
DAVID JAMES

We're here to help
Customer Service
1-833-642-1008
Your Financial Representative
MASSMUTUAL NW
KEVIN KIRKPATRICK

Go green! Visit online.metlife.com for quick, convenient, and eco-friendly account management.

MetLife Financial Freedom Select
QUARTERLY STATEMENT
Summary as of September 30, 2023

Total Death Benefit (6)	$61,011.03

Full Withdrawal Value (1)	$54,551.02

Account Summary Since Issue	Amount
Total Purchase Payments Since Issue	$31,756.17
Total Withdrawals Since Issue (20)	$0.00
Withdrawal Charges, Rider Fees, Annual Fees & Administrative Fees (21)	$1,576.35
Employee Vested Percentage	100.00%
Employee Vested Contributions	$45,774.93
Employer Vested Percentage	100.00%
Employer Vested Contributions	$8,776.09
Vested Balance	$54,551.02

Vesting information has been provided by your Third Party Administrator and/or your Plan Sponsor. Please contact them directly should you have any questions regarding vesting.

Account Summary This Quarter	Amount
Beginning Account Value	$55,823.08
Total Purchase Payments	$0.00
Total Withdrawals (20)	$0.00
Withdrawal Charges, Rider Fees, Annual Fees & Administrative Fees (21)	$0.00
Gain or (Loss) (2)	- $1,272.06
Ending Account Value (1)	**$54,551.02**

Beneficiaries

Primary Beneficiary	Percentage
MARCOS JAMES	100.00%

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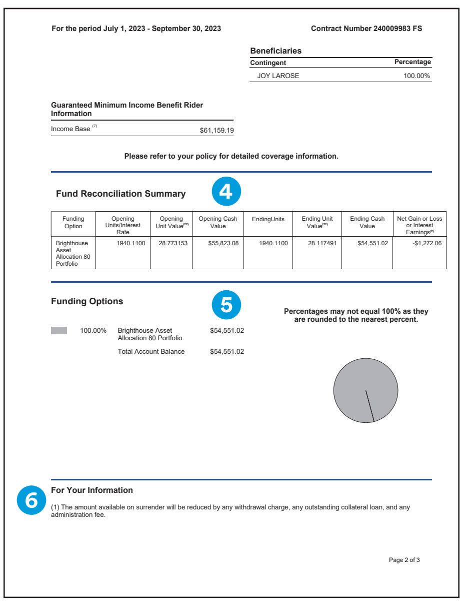
Metropolitan Life Insurance Company



For the period July 1, 2023 - September 30, 2023 **Contract Number 240009983 FS**

Beneficiaries

Contingent	Percentage
JOY LAROSE	100.00%

Guaranteed Minimum Income Benefit Rider Information	
Income Base (7)	$61,159.19

Please refer to your policy for detailed coverage information.

Fund Reconciliation Summary

Funding Option	Opening Units/Interest Rate	Opening Unit Value (22)	Opening Cash Value	EndingUnits	Ending Unit Value (22)	Ending Cash Value	Net Gain or Loss or Interest Earnings (2)
Brighthouse Asset Allocation 80 Portfolio	1940.1100	28.773153	$55,823.08	1940.1100	28.117491	$54,551.02	-$1,272.06

Funding Options

100.00%	Brighthouse Asset Allocation 80 Portfolio	$54,551.02
	Total Account Balance	$54,551.02

Percentages may not equal 100% as they are rounded to the nearest percent.

For Your Information

(1) The amount available on surrender will be reduced by any withdrawal charge, any outstanding collateral loan, and any administration fee.

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Sign up for electronic statement delivery
It's quick, convenient, & clutter-free

Register for online.metlife.com (see website: **online.metlife.com** on front).
Log on to your account and be sure you've provided an email address or addresses to which email notifications are to be sent when new documents are available for viewing.

An email will be sent following the end of each quarter to the email address(es) on file with a link to the available document.

Click on the link in the email notification and log on to your account with your username and password to be brought directly to the document corresponding to the link provided in the email. You can view, download, or print the document.

1 Profile information
Provides your personal profile information such as your name, address, account number, and employer group number, as well as the time period the statement covers.

2 Account balance
Shows your account balance as of the last day of the quarter for which the statement is provided.

3 Account summary information
Shows a breakdown of your account since inception, including total contributions by source, withdrawals, charges and fees, gain/loss, and ending balance for the statement period.

4 Account balance by Account or Division
Displays your account balance at the beginning and end of the current quarterly period, broken down by investment Account or Division, with unit values and percentage allocation of the total account for each Account or Division.

5 Funding option allocation
Shows your total account balance by funding option. Includes a percentage allocation breakdown of the total account balance by funding option with a corresponding pie chart.

6 Footnotes and definitions
Footnotes, definitions, and other important disclosures applicable to items shown on the statement are shown here.

Have questions about reading your statement or accessing your account?
Call **1-833-642-1008** to speak with a customer service representative.

metlife.com

The information contained within this material is intended to be informational in nature and should not be considered a recommendation or individualized advice to a specific individual. The statement sample presented within is for illustrative purposes only. The participant information, investment funds and Plan features shown here do not represent your actual account and may or may not reflect the statement you receive.

MetLife Resources is a division of Metropolitan Life Insurance Company ("MetLife"), 200 Park Avenue, New York, NY 10166.

Metropolitan Life Insurance Company | 200 Park Avenue | New York, NY 10166

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